

Covid-19 First Aid Box Contents list
kindly provided by Ashenground Community Centre, Sussex

- Face mask (covering) & pair of plastic gloves x 2 - each set in a plastic bag (for responder and patient)
- Plastic face shield - for the responder
- Pocket pack of tissues
- Hand soap in pump dispenser
- Small hand sanitiser gel
- Disposable apron e.g. plastic sleeveless or cheap overalls
- Small packet anti-bacterial wipes
- Rubbish bags x 2 (so disposables can be double-bagged). The outer one marked e.g. "Covid waste".
- Washing up bowl for handwashing A plastic chair has been placed in the kitchen with a notice above.

Procedures if someone becomes unwell with suspected COVID-19

a) Move person to designated COVID-19 area so that they are away from other people until transport home or to hospital is available. They should be provided with tissues and a bowl of warm soapy water for handwashing and paper towels. Tissues and paper towels should be disposed of into a plastic bag, which is sealed and placed in a secure place for 72 hours before being disposed of into the general rubbish collection.

b) Other people that have attended the same activity should be asked for contact details if not already available and then to leave the premises. These details should be provided to NHS Test and Trace if requested.

c) A decontamination clean should be carried out in those parts of the premises they have used, in accordance with PHE guidance (see reverse) The minimum PPE to be worn is disposable gloves and an apron. Disposable PPE equipment including gloves should be disposed of into a sealed, labelled or marked plastic bag and placed in a secure place for 72 hours before rubbish is collected. The cleaner should wash hands with soap and water for 20 seconds after removing PPE and launder all personal clothing worn on arrival home.

Principles of cleaning after an individual with symptoms of, or confirmed, COVID-19 has left the setting or area

Personal protective equipment (PPE)

The minimum PPE to be worn for cleaning an area after a person with symptoms of COVID-19, or confirmed COVID-19, has left the setting, is disposable gloves and an apron. Wash hands with soap and water for 20 seconds after all PPE has been removed.

Cleaning and disinfection

Public areas where a symptomatic person has passed through and spent minimal time but which are not visibly contaminated with body fluids, such as corridors, can be cleaned thoroughly as normal.

All surfaces that the symptomatic person has come into contact with should be cleaned and disinfected, including all potentially contaminated and frequently touched areas such as bathrooms, door handles, telephones, grab rails in corridors and stairwells

Use disposable cloths or paper roll and disposable mop heads, to clean all hard surfaces, floors, chairs, door handles and sanitary fittings – think one site, one wipe, in one direction.

Use provided cleaning materials or your own.

Any cloths and mop heads used must be disposed of and should be put into waste bags

Waste

Personal waste from individuals with symptoms of COVID-19 and waste from cleaning of areas where they have been (including PPE, disposable cloths and used tissues):

1. Should be put in a plastic rubbish bag and tied when full
2. The plastic bag should then be placed in a second bin bag and tied
3. This should be put in a suitable and secure place and marked for storage until the individual's test results are known

This waste should be stored safely and kept away from children. It should not be placed in communal waste areas until negative test results are known, or the waste has been stored for at least 72 hours.

If the individual tests negative, this can be disposed of immediately with the normal waste.

If COVID-19 is confirmed this waste should be stored for at least 72 hours before disposal with normal waste.

If during an emergency you need to remove the waste before 72 hours, it must be treated as Category B infectious waste. You must:

- keep it separate from your other waste
- arrange for collection by a specialist contractor as hazardous waste

There will be a charge for this service.

Ibberton & Belchalwell Village Hall

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